



Point of Pride – Cardiac Rehab Patients Do It for Life!

On May 25th, 2008, our cardiac patients got together and did an amazing thing. They gathered friends and loved ones and inspired many others to join them in the first annual *Do It For Life 2k, 5k, 10k Walk, Run or Roll*. Their effort and their cause made for healthy hearts, reduced waistlines and raised over \$38,000 for a monitor defibrillator for the Health Centre's Cardiac Rehab Program with remaining funds going towards the Electronic Health Records campaign. The group was a wonderful hodgepodge that included 3 canes, 1 wheel chair, 1 scooter, serious & recreational athletes, rehab patients, 8 doctors, staff, families, many folks from the community and one Minister of Health! Because of our generous sponsors, every penny pledged was designated to equipment purchase. Thanks to AstraZeneca, Scotiabank, and Mosey & Mosey.



west parry sound
health centre
FOUNDATION
**CARING FOR YOU
IN COTTAGE COUNTRY**
6 Albert Street
Parry Sound, ON P2A 3A4

IMPORTANT INFORMATION ABOUT SUMMER HEALTH SERVICES

We Do Fish Hooks Too!

WIN A TRIP

Join the Foundation and Bot Construction Group for a great party and a chance to win an all inclusive week for two to the Five+ Star Riu Palace, Punta Cana, Dominica Republic.

Only 150 tickets available!
Tickets include trip and party entrance for 2.
Tickets: \$100

Call 1-888-262-0436 to purchase tickets!



It's a WIN/WIN: Voyage to Canada's Arctic and Support Health Care in Cottage Country

Supporters of West Parry Sound Health Centre (WPSHC) will get a rare chance to visit Canada's Arctic this summer while making a donation to the Foundation's equipment fund.

Foundation Board Member and Special Events Chair, Kathy Krug travelled to the Arctic last summer with Adventure Canada. The Foundation has since negotiated a special travel price for WPSHC donors with 10 per cent of all trip sales donated to the Foundation. Returning to the North, Kathy and Ted invite you to join them.

September 2 - 12, 2008 you will journey aboard the 110-passenger expeditionary vessel *Lyubov Orlova* beginning in Kuujjuak, Ungava Bay, Quebec and travelling up the wild east side of Baffin Island before heading into the Northwest Passage, Lancaster Sound and finishing in Resolute, Nunavut. Highlights include the iceberg, bowhead whale and polar bear waters of Hudson Strait, Cumberland Sound and deep fjords of northeast Baffin. The program is accompanied by anthropologists, naturalists, photographers, filmmakers, Inuit culturalists and artists and special guest and former CBC broadcaster, Shelagh Rogers.

An allotment of double and triple berth cabins has been set-aside for WPSHC donors on a first-come basis. Travellers will be provided with a tax receipt for the donated portion of the trip fee. In addition, Adventure Canada is donating one trip to Newfoundland that will be auctioned at the WPSHC Foundation Gala August 21st, Tapas & Tango on the Bay.



High Arctic Polar Bear, Summer 2007, by Ted Krug (print to be included in *Tapas and Tango on the Bay* Auction – Aug. 21)

For a full trip description and costs visit www.adventurecanada.com/wpshcoffer or call 1-800-363-7566 for info.



We Do Fish Hooks Too!

The shift in season has begun and you can feel it in the air at the West Parry Sound Health Centre. An increased number of visitors are coming through the doors and the summer buzz is palpable. At the Health Centre much takes place to prepare for the influx of patients. The changes happen behind the scenes so you might not be aware. Let us give you a tour!

<p>OUR EMERGENCY DEPARTMENT</p> <p>Every year our Emergency numbers swell from the May long weekend to the Labour Day holiday. Weather dependent, the increased numbers of people served can extend long into the fall. Like communities throughout Ontario, Parry Sound has a doctor shortage. In an effort to better serve our summer visitors, the Health Centre establishes a Physicians Clinic in our Emergency Department for June, July and August. Another physician is scheduled from 4 pm to 7 pm Monday through Friday to specifically see patients who are not critical but are suffering from minor injuries. The summer clinic helps decrease wait times for non-critical injuries.</p> <p>OUR NURSING STATIONS</p> <p>In addition to the physical hospital building, the Health Centre manages six remote nursing stations. The stations average 16 to 20 patients daily expanding in the summer months to approximately 30. The stations are staffed by Nurse Practitioners who work</p>	<p>collaboratively with a family physician. Cumulatively they serve over 25,000 people a year. The nursing stations are located in Britt, Port Loring, Pointe au Baril, Whitestone, Rosseau and Moose Deer Point. Stations are open Monday through Friday 8:30 am to 4 pm.</p> <p>Where possible the nursing stations manage increased volumes by deferring routine check-ups of the permanent population to off-season times thus leaving room for the many fish hooks and other summer oddities that require attention on a frequent basis. Please call for an appointment.</p> <p>OUR AMBULANCE SERVICE</p> <p>Parry Sound EMS adds to its complement for the summer months by deploying a Paramedic Response Unit (PRU). The PRU is a SUV equipped to support one paramedic providing patient care until a transporting ambulance arrives at the scene. The extra PRU operates from June 30th through to Labour Day weekend. An additional dedicated air ambulance helicopter is stationed at the Gravenhurst</p>	<p>Airport for June to September helping to reduce response times.</p> <p>During the summer months our EMS experiences an increase in call volumes with remote location requests. Often these involve boat or air ambulance access to an island or relaying a patient to air ambulance at remote landing sites. Other resources including Fire Department First Response Teams, also experience additional activity. These teams provide patient care until an ambulance arrives and they offer boat and ATV transport to paramedics.</p> <p>YOUR OPPORTUNITY AWAITS</p> <p>Our challenge can be your opportunity. Everyone wants to holiday in Georgian Bay Country in the summer, including our staff. It's a constant juggle to fill summer replacement positions so if you or a family member would like summer work on the Bay then think about doing your locum or nursing at the West Parry Sound Health Centre. A simple call to our Human Resources Department can get you started: 705-746-4540 x 2414.</p>	<p>YOUR WILL IS OUR FUTURE</p> <p>Legacy gifts are the key source of long-term funding for West Parry Sound Health Centre. We have our spectacular, well equipped facility today, because thoughtful donors throughout the past three decades provided a sound foundation for our current health care needs. Looking into the future, the area's aging population presents new challenges as we plan to provide the health services that allow each of us to stay put, as a cottager or a year-round resident, in Canada's rugged grandness. A gift that you plan today can be your legacy of extraordinary support for first class care in our Northern location, for generations to come. Learn about making a gift to the Health Centre in your Will at www.wpschcf.com. If you are living on a fixed income let us show you how you can earn more through guaranteed tax-advantaged annuity payments for life and also receive an immediate tax receipt with a legacy donation to the Health Centre at the same time. Planned giving is powerful. Let's put it to work together.</p>
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To discuss your Legacy Gift call us at 1-888-262-0436 or visit www.wpschcf.com

Tapas and Tango on the Bay
West Parry Sound Health Centre Gala

THURSDAY AUGUST 21, 2008

PERFORMANCE, DANCE AND LIVE/SILENT AUCTION
6:00 PM – Tickets: \$75.00
Charles W. Stockey Centre for the Performing Arts

Prepare to Tango – AUGUST 20, 2008
Tango Lessons at the Canadian Dance Academy

Special Thanks to our Great Friends:

MAKING ELECTRONIC MEDICAL RECORDS A REALITY

The Health Centre is taking a leading role in bringing Electronic Health Records (EHR) — or quick access to health information — to the area. Implementing EHR locally is funded through donations and grants.

The Ontario Health Quality Council reports that tracking chronic diseases through EHR would lead to fewer health complications. They estimate 8,000 Ontarians die needlessly from chronic diseases every year due to the lack of EHR.

Faced with geographic isolation, there is an added urgency to West Parry Sound Health Centre's electronic records initiative. The distance to major centers demands nothing less. Sudbury is 165 km north of us; North Bay is 155 km northeast; Barrie is 135 km south; and, Toronto is 225 km south.

Through the support of our generous donors, the Foundation transferred \$250,000 in 2007 towards the \$3,000,000+ cost of implementing EHR.

Published for the generous donors who support the West Parry Sound Health Centre Foundation.