



**Break out of winter with a month  
of movement!  
Join on your own,  
or bring your own team.**

**Collect pledges and win prizes!**

**Thank you for helping to raise funds to upgrade and expand  
surgical services at your hospital in Parry Sound.**

**MAY 1 - 31  
ONLINE**

**Sign up for a month of  
movement! Record your steps or  
distance and win online badges  
you can share on your socials.**

**All movement, all distances  
count!**

**JUNE 7, 11AM  
STOCKEY CENTRE**

*Join us for a 5k walk or run through  
beautiful downtown Parry Sound.*

*There's a family costume parade,  
face painting, a scavenger hunt and  
more.*

*Celebrate movement, celebrate the  
start of summer, celebrate wellness.*



**REGISTER TODAY!**

**WWW.WALKRUNPOLE.COM**

**Help us complete the \$2.5 million  
upgrade in advanced surgical  
equipment and technology.**



**WEST PARRY SOUND  
HEALTH CENTRE  
FOUNDATION**